

Meal Prices
Breakfast
 Per Day \$1.0 Reduced price \$.30
 Per Week \$7.50 Reduced price .40

Lunch
 Per Day \$2.40 Reduced price \$.40
 Per Week \$12.00 Reduced price \$2.00

Extra Milk \$.40
 Al carte daily
 Hamburger on bun
 French fries
 Desserts

Any questions contact
 PHS @ 812-723-3905

Milk/Juice
g = carbohydrate gram

2% Milk—11g Apple Juice—11g
 Chocolate—26g Grape Juice—15g
 Strawberry—22g Orange Juice—11g
 Vanilla—27g

MILK AND JUICE ARE SERVED DAILY WITH BREAKFAST.
 MILK IS SERVED DAILY WITH LUNCH
Menu items may change without prior notice
 USDA is an equal opportunity provider

Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
2 oz blueberry muffin 27 gm One sausage patty 1gm Or 1 oz cheese stick 1gm 1oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk	2 oz sausage on bun 28 gm Or 1 oz cheese stick 1gm 1 oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk	2 oz scrambled eggs 2gm Wheat toast and jelly 14 gm Or 1 oz cheese stick 1gm 1oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk	4 oz sausage gravy and biscuits 33 gm Or 1oz cheese stick 1gm 1oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk	1oz sausage and egg patty on bun 29 gm Or 1 oz cheese stick 1 gm 1 oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk
5.75 oz cheese pizza 45gm 2c romaine salad with ranch 19 gm 8oz assorted fruit 8oz assorted milk	2.5 oz Hamburger on bun 28 gm 8oz potato wedges 17 gm 8oz assorted fruit 8oz assorted milk	6oz Chicken and noodles 29 gm 8 oz green beans 8gm Wheat bread marg. 14 gm 8oz assorted fruit 8 oz assorted milk	2 oz beef nacho's 19 gm 8oz refried beans 18 gm 8oz assorted fruit 8oz assorted milk	4 oz corn dog 28 gm 8oz curly fries 30 gm 8oz assorted fruit 8oz assorted milk
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
2 pancakes with syrup 46 gm Or 1 oz cheese stick 1gm 1oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk	Sausage on bun 28gm Or 1 oz cheese stick 1gm 1 oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk	1cup oatmeal 33 gm Cinnamon toast 18gm Or 1oz cheese stick 1gm 1 oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk	2 oz banana muffin 27 gm One sausage patty 1gm 1 oz cheese stick 1gm 1oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk	3-1oz French toast sticks syrup 45 gm Or 1 oz cheese stick 1gm 1 oz cereal 19 gm Assorted fruit 8oz assorted juice 8oz assorted milk
Taco baked potato 29 gm 2 c romaine salad with dressing 19gm 8oz assorted fruit 8oz assorted milk	3.5 oz Breaded beef patty on bun 44 gm 8oz peas 25 gm 8oz assorted fruit 8 oz assorted milk	3.5 oz country fried steak with gravy 13 gm 4 oz Washed potatoes 19 gm 8oz carrots 14 gm 1.5 oz wheat roll marg. 19 gm 8 oz assorted fruit 8oz assorted milk	3 oz chicken strips 15 gm 8oz green beans 8 gm 8oz assorted fruit 8oz assorted milk	3 oz Breaded fish 30 gm 8oz waffle fries 17 gm Tarter sauce 8oz assorted fruit 8oz assorted milk